

Link hands with United Way

The United Way family, working through our community partner agencies, supports the delivery of more than 50 social service programs helping people in our community.

Our generous donors help fund programs and services that offer hope to people of all ages and backgrounds, with a variety of needs.

United Way makes a difference ...

- Providing the necessities of food, clothing and shelter to families for 72 hours in the event of personal disaster.
- Supporting Meals on Wheels for people unable to prepare their own meals due to age, disability or illness.
- Providing positive adult mentoring for children in need of friendship and personal development.
- Offering counselling services for families, abused women and children, and people with addictions.
- Providing physical rehabilitation and assistive devices for people with disabilities.

Every day, these and many more proven and innovative programs for all ages make a real difference in people's lives.

Did you know?

We participate in a number of community efforts to ensure planning for social services is co-ordinated:

- Back to School Supplies Drive
- Durham Child Nutrition Project
- Homelessness Issues
- Leadership Development Services
- Labour Community Services

People support United Way because we support a vital network of services for the community. Your one donation makes a difference in many lives. United Way ensures donations are used where they are needed, and that clients receive value for the investment you make.

Behind the scenes

Our accredited agencies rely on regular annual funding from United Way. Such stability allows them to plan and deliver ongoing, reliable services, budget responsibly, and focus on their real work of helping people.

These agencies undergo a rigorous review by trained United Way volunteers and staff, so your donations are always used most effectively and efficiently. United Way closely monitors the agencies we fund to ensure programs are well managed and have real results.

Our Community Spirit

United Way is all about improving lives, strengthening communities and inspiring people. Our Community Fund helps people from all walks of life, so your donation has maximum impact. That's because our Community Fund works like a mutual fund – pooling contributions to create an investment of sufficient magnitude to really make a difference. Using our extensive research and experience, United Way distributes Community Fund dollars to the areas where the need is greatest.

After more than 30 years of enhancing lives and restoring hope, United Way has a profound connection to our community. We're in constant touch with individuals working on the front lines, giving us a unique perspective on social issues and challenges.

As well, United Way conducts research on pressing social problems like poverty and health care, raising public awareness about emerging community needs and urging business and government involvement.

Sponsorship:

United Way of Ajax-Pickering-Uxbridge gratefully acknowledges the support of:

Binns

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for sponsoring the printing of this brochure.

See a list of United Way funded agencies >>

OVER THE PAST YEAR THE FOLLOWING AGENCIES AND PROGRAMS WERE SUPPORTED THROUGH OUR COMMUNITY FUND:

Emergency Help for People in Crisis

Canadian Red Cross Society,
Region of Durham Branch 905-723-2933
Disaster Services

Catholic Family Services
of Durham 905-428-1984
Child Abuse Counselling
Counselling & Transition Support
for Abused Women

Cornerstone Community Association
of Durham 905-433-0254
Emergency Shelter for Men

The Denise House/SEDNA Women's
Shelter & Support Services 905-728-7311
Children's Programming

Distress Centre of
Durham Region 905-433-1121
1-800-452-0688
24 hour Telephone Helpline

YMCA Ajax-Pickering Child &
Family Development Centre 905-619-4565
Supervised Access Program

YWCA of Durham Region 905-576-8880
Apple Project (Ajax-Pickering
Protected Living for Everywoman)

Healthy Start for Children

Big Brothers and Sisters of
Ajax-Pickering 905-831-3777
Traditional Match Program for
Boys & Girls
In-School Mentoring

Canadian Red Cross Society,
Durham Branch 905-723-2933
Back to School Supplies Drive

Community Development
Council Durham 905-686-2661
Durham Child Nutrition Project

Girls Incorporated
of Durham 905-428-8111
Traditional Match Program
for Young Girls
Friends (Teen Mom) Program

Family Support Services

Catholic Family Services
of Durham 905-428-1984
Family Life Education,
Parenting your School Age Child
Individual, Family & Couple Counselling

Community Development
Council Durham 905-686-2661
Housing Access Centre
Rent Bank Community Trust

Durham Deaf Services 905-579-3328
Family Communications TTY: 905-579-6495

John Howard Society
of Durham Region 905-427-8165
Active Parenting
Anger Management
Counselling, Information & Referrals
D.A.D.S. Program

Kinark Child and
Family Services 905-433-0386
Durham Under 12

Assisting Seniors

Canadian National Institute
for the Blind, Durham 905-436-7732
Technical Aids Service
Seniors Liaison Worker

Community Care Durham, Ajax-Pickering
COPE 905-837-0017
Home Support Program

Community Care Durham, Uxbridge
COPE 905-852-7445
Home Support Program

Victorian Order of Nurses 905-571-3151
Volunteer Visiting Program

Support for People with Special Needs

Canadian National Institute
for the Blind, Durham 905-436-7732
Library Services
Vision Rehabilitation Services
Rehabilitation Teaching

Central Seven Association
for Community Living 905-985-8511
Uxbridge Adult Learning Centre

Community Living
Ajax Pickering and Whitby 905-427-3300
Community Participation Program

Durham Association for
Family Respite Services 905-427-3541
Durham Family Network

Durham Deaf Services 905-579-3328
Children's Program TTY: 905-579-6495
Community Support
Computer Training

Head Injury Association
of Durham Region 905-723-2732
HIAD Connections

Special Children's
Swim Program 905-427-8862 x 329
Swimming lessons for children
with special needs

Health Care Support

Canadian Mental Health Association,
Durham Region 905-436-8760
Resource Centre for Wellness
& Learning

Canadian Red Cross Society,
Durham Region 905-723-2933
Home Health Equipment Services
Safety Services

St. John Ambulance
Durham Region 905-434-7800
Volunteer Advanced Training

Life Skills Training

Credit Counselling Service
of Durham Region 905-579-1951
Credit Counselling Service

Durham Region Unemployed
Help Centre 905-420-4010
Extended Business Hours Service

Literacy Council
of Durham Region 905-434-5441
One on One Adult Literacy Tutoring
(English as a first language)

Community and Social Services

Community Development
Council Durham 905-686-2661
Community Development
Community Partnership Support
Host Program
Language Instruction for
Newcomers to Canada
Newcomer Settlement Program

Volunteer Resource Centre
for Durham Region 905-436-2035
Training and Awareness Program

In addition to our Community Fund,
United Way distributes funds to many
other agencies within our communities as
designated by our donors. In 2003, we
funded over 40 agencies in this way. Some
examples are: Children's Wish Foundation,
Herizon House and Precious Minds.

We also fund community projects via our
'Community Initiative Grants' program:

2003 - 2004 Community Initiative Grants

Dunbarton Fairport Footprints
Program
Loaves & Fishes Foodbank, Uxbridge
Off the Wall
Racing Against Drugs
Salvation Army Foodbank, Ajax
St. Paul's on the Hill Foodbank,
Pickering
The National Movement for Harmony
Ultimate Mix